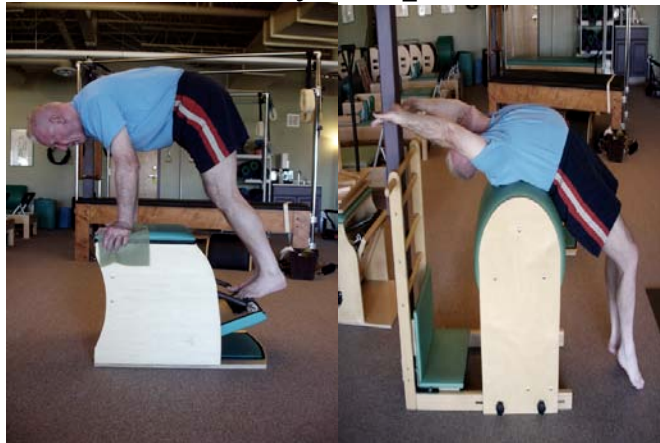


Pilates of Boulder, Inc.

Pilates for Men! **Maximize your potential!**



Paul is 80 years young!



Director, Rossiter 64 years old



David (chronic back problems) 40 yrs.old

See Daily Camera article about Richard Rossiter “**Boot Camp Pilates**”**Camera staff Posted: 11/10/2009**

“Pilates of Boulder, 2770 Dagny Way Suite 106, Lafayette, CO 80026, pilatesofboulder.com Instructor: Richard Rossiter, 63 of Boulder, is the director of Pilates of Boulder. He’s also an avid runner, climber and has been teaching Pilates since 1985. Rossiter is a former Green Beret and has written nine guide books about climbing. Pilates of Boulder operates in the same space as Rocky Mountain Pilates and is licensed by the Colorado Department of Higher Education as a school for those wishing to become Pilates instructors. Rossiter says it’s also the only Pilates school worldwide approved for veteran’s education and training under the G.I.” see full article at [Daily Camera on-line](#)

Time: 12:00 noon Monday (on-going classes)

Place: Pilates of Boulder, 2770 Dagny Way, Ste 106, Lafayette, CO

Cost: 5 classes for \$100.00

Call: 720-371-3236 to register www.pilatesofboulder.com

rrossiter1@msn.com